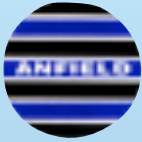


ANFIELD BICYCLE CLUB (formed March 1879)
100 MILE TIME TRIAL



SPRING BANK HOLIDAY MONDAY 25th May 2020

Starting at 0600hrs

A SPOCO COUNTING EVENT

Promoted for and on behalf of Cycling Time Trials under its Rules and Regulations

Provisional Arrangements



2019 Winner - Richard Bideau 3.39.44

ARRANGEMENTS

EVENT HEADQUARTERS: Shawbury Parish Hall is located in Church Street which is the street opposite the Elephant & Castle pub. No overnight parking/camping is permitted in the vicinity of the event HQ. Parking is available in the Hall's car park or the public car park across the road. If necessary, you may park on the perimeter track of the football pitch. Do **NOT** park on the pitch itself. Please do not block access ways or park on the blind bend outside the Hall.

The Hall is located close to houses and competitors should refrain from disturbing local residents by shouting, slamming car doors etc. Please leave your turbo trainers at home or find a quiet lay by to warm up in. The Hall has toilets and limited changing facilities. Cycling shoes are not permitted in the main hall.

Numbers (back and arm) are available at the signing on desk in the Hall. Please remember to sign on and receive any other instructions. Please note that ALL riders are now required to SIGN OUT within a reasonable time after finishing the event.

START: The start is approximately 3 miles distant from the HQ at a lay-by on the A53 between Shawbury and Espley. Please allow sufficient time to sign on and arrive at the Start before your starting time. Do not obstruct the highway whilst waiting for your turn to start and keep well in to the left of the road or stand on the verge. Take care when pulling away. **District Local Regulation now prohibits U-turns on the A53 in the vicinity of the Start and Finish and any rider observed infringing this rule may be disqualified.**

SAFETY: Riders are reminded to ride with their heads up. You are provided with high visibility race numbers and you should wear them in accordance with Regulation 16 for your own safety. Please wear your arm number on your **LEFT** arm. You will pass over Sandford Bridge on the A41 on your way to Prees heath and on your way back to Tern Hill. The advisory speed limit is 30 mph but motorists may exceed this. This stretch of road is narrow and twisty so please exercise caution and do not 'undertake' traffic and avoid bunching up. **District Local Regulation prohibits riders from navigating Tern Hill and Prees islands on their extensions and they must use their handlebars to maintain proper control of their machine.** Any rider observed infringing this regulation may be disqualified. All riders should obey the rules of the road and not indulge in any dangerous manoeuvres **ANYWHERE ON THE COURSE.**

FINISH: The Finish is on the A53 at the northern end of the lay-by some 1.87 miles from Shawbury corner (junction of the A53 and the B5063). It will be indicated by a checkerboard sign. When you cross the Finish line please do not stop but continue on to the HQ Please call out your number as you cross the Finish line.

DRINKS: We will provide a bottle service for riders without their own support. The drinks station will be located on the A442 approximately half way between Crudgington and Espley. Riders will pass this point at approximately 40, 57.6, 75 and 92.5 miles and can request a bottle to be handed to them at one or more

passes of the station. Please hand in your bottle(s) when you sign in and please label each bottle (including bottles you start with) clearly with your race number and which lap of the circuit you want it to be handed to you. A race official (signposted Feeding Station) will be located some distance ahead of the station and will be in radio contact with the actual drinks station. If you want a bottle, please shout your number to the official as you pass so that the Drinks Team can have your bottle ready for you when you reach the drinks station. You **must** enter the lay-by and be prepared to slow down or stop in order to receive your bottle. Empty bottles may be left at the station and these will be returned to HQ for you to collect.

Please note that we must receive your bottles by 07.15 so that we can get them out to the drinks station in time.

Riders who have support may be handed drinks at any **SAFE** place on the course but they must observe the CTT regulations regarding following cars. The appropriate form for registering following cars will be available at HQ.

RESULTS & REFRESHMENTS

The results will be displayed on a board at HQ as and when they are received. Competitors are reminded to return their numbers to the signing in desk **and sign out**. Hot drinks and various snacks will be on sale. Please note that some of the snacks may contain traces of nuts. The refreshments are provided by the Ladies from the local church and all proceeds go to the church.

PROSCRIBED SUBSTANCES

Please note that, at the behest of CTT, more and more events are being attended by UKAD and riders tested for proscribed substances. The Anfield fully support UKAD and will not tolerate the use of proscribed substances. **Should the event be subject to Dope Control, it is up to you to check whether or not you are required to provide a sample. The race number of those selected for testing will be displayed on a board adjacent to the Results Board.**

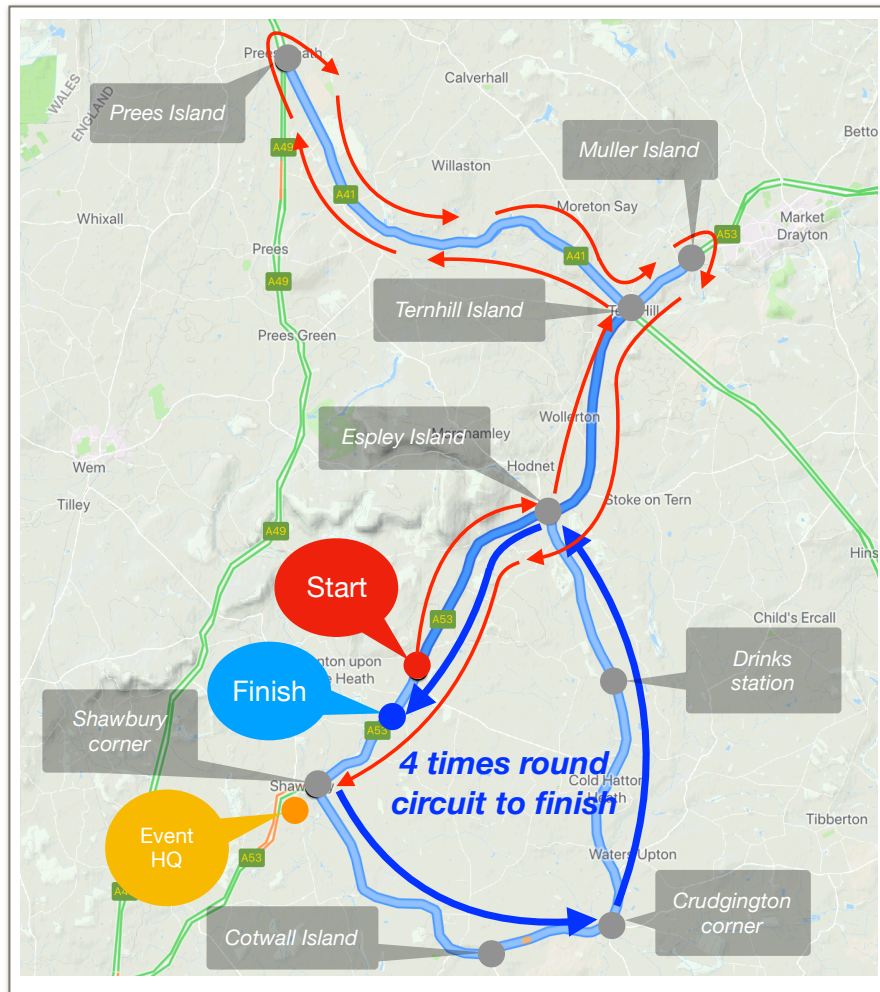
AWARD CEREMONY

For the sake of brevity, only the overall winner and the fastest lady will be presented with their trophies. And we aim to hold the ceremony no later than 13.00. The VTTA presentations will follow immediately. Marshals and Timekeepers will remain on the course until all riders have finished.

In the interests of your own safety, Cycling Time Trials and the event organisers advise you to wear a **HARD SHELL HELMET** that meets internationally accepted safety standards. In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets. It is now a CTT Regulation that a working rear light, either flashing or constant, must be fitted to the machine in a position visible to following road users and be active whilst the machine is in use.

ALL CTT REGULATIONS WILL BE ENFORCED

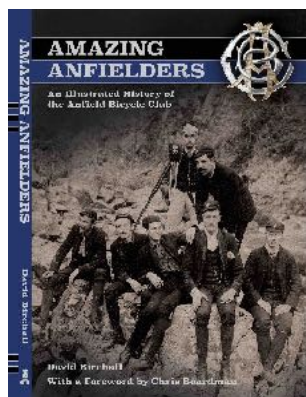
Course Details (D100/2)



Total mileage	inter mileage	
0.00	0.00	START - On A53 at lay-by circa 3 miles from HQ
3.116	3.116	A53 to Espley Island. Straight across to:
6.449	3.333	Tern Hill Island. Turn left on A41 to:
13.373	6.924	Prees Island. Encircle island and retrace to:
20.430	7.057	Tern Hill Island. Turn left on A53 to:
21.602	1.172	Mullers Island. Encircle and retrace to:
22.832	1.230	Tern Hill Island. Straight on (A53) to:
31.634	8.802	Shawbury Corner (1st pass). Left along B5063 to:
35.554	3.920	Cotwall Mini Island. Left along B5062 to:
37.424	1.920	Crudgington. Left on A442 to:
43.734	6.250	Espley Island. Left on A53 to:
49.194	5.460	Shawbury Corner (2nd pass)
66.754	17.560	Repeat circuit to Shawbury Corner (3rd pass)
84.314	17.560	Repeat circuit to Shawbury Corner (4th pass)
88.234	3.920	Left (B5063) to Cotwall Mini Island. Left, B5062 to:
90.154	1.920	Crudgington. Left on A442 to:
96.414	6.250	Espley Island. Left on A53 to:
100.0	3.586	FINISH at layby on A53 (1.874 miles NE of Shawbury Corner).

PAST WINNERS OF THE ANFIELD HUNDRED (Event Record shown *)

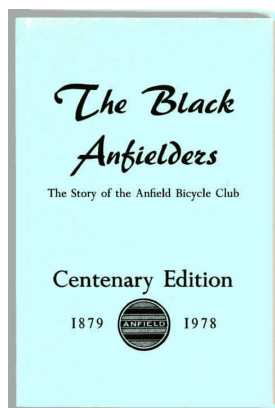
Paced Events								
1889	PC Wilson, Catford CC	7:11:00	1931	HJ Townsend, Speedwell BC	4:53:10	1979	L Orrick, Coventry CC	4:20:10
1890	No Event		1932	C Holland, Midland C & AC	4:48:00	1980	RG Iddles, Stourbridge CC	4:05:46
1891	JA Bennett, Anfield BC	6:25:54 *	1933	GB Orrell, Anfield BC	4:45:37 *	1981	PW Griffiths, GS Strada	3:57:53 *
1892	JA Bennett, Anfield BC	5:46:50 *	1934	C Holland, Midland C & AC	4:41:18 *	1982	D Lloyd, M'chester Whlrs	3:47:10 *
1893	RH Carlisle, Anfield BC	5:58:06	1935	JE Carr, Anfield BC	4:48:19	1983	DA Horton, Halifax RC	4:01:47
1894	JA Bennett, Anfield BC	6:03:04	1936	C Holland, Midland C & AC	4:33:29 *	1984	RG Iddles, M'chester Whlrs	3:57:43
1895	WM Owen, Anfield BC	5:23:18 *	1937	HH Pickersgill, Vegetarian C & AC	4:32:13 *	1985	C Shorter, Team Mirage	4:04:57
1896	WE Gee, M'chester Wed	4:59:30 *	1938	R Firth, Bronte Wheelers	4:33:36	1986	CM Mellor, Holme Valley W	4:21:50
1897	WE Gee, M'chester Wed	5:07:00	1939	R Firth, Bronte Wheelers	4:35:34	1987	IS Cammish, M'chester Whlrs	3:59:28
1898	FR Goodwin, North Road CC	5:01:31	1946	RJ Maitland, Solihull CC	4:43:09	1988	SC Edney, Warwickshire RC	4:03:51
1899	WE Gee, Manchester Wed	6:05:2	1947	R Firth, Altrincham RC	4:27:00 *	1989	D Smith, M'chester Whlrs	3:59:02
Unpaced Events			1948	J Baines, Lancaster CC	4:36:12	1990	A Wilkinson, P Sunlight Whlrs	4:07:35
1900	WH Nutt, North Road CC	5:38:47 *	1949	H Harding, Walton C & AC	4:34:24	1991	A Wilkinson, P Sunlight Whlrs	3:53:22
1901	RS Coble, North Road CC	5:25:00 *	1950	J Baines, Notts Falcon CC	4:28:51	1992	A Wilkinson, P Sunlight Whlrs	3:50:24
1902	WH Nutt, North Road CC	5:36:03	1951	W Kinghorn, Cheshire RC	4:28:29	1993	A Wilkinson, P Sunlight Whlrs	3:59:04
1903	EJ Amooore, Bath RC	5:33:25	1952	K Joy, Medway Whlrs	4:15:57 *	1994	A Wilkinson, P Sunlight Whlrs	4:00:01
1904	FH Wingrave, North Road CC	5:23:02 *	1953	JF Cockayne, Nottingham W	4:25:12	1995	A Wilkinson, P Sunlight Whlrs	4:08:28
1905	FH Wingrave, North Road CC	5:18:15 *	1954	R Oliver, L'pool Centry RC	4:24:06	1996	A Wilkinson, P Sunlight Whlrs	4:00:05
1906	WM Bailey, Polytechnic CC	5:19:20	1955	JN Wyatt, Mersey RC	4:29:45	1997	D Birch, Stourbridge CC	3:59:22
1907	FH Wingrave, North Road CC	5:17:44 *	1956	K Pickford, Mercury RC	4:23:53	1998	D Birch, Stourbridge CC	3:54:50
1908	EA Merlin, Polytechnic CC	5:19:30	1957	W Bradley, Southport RC	4:19:12	1999	D Birch, Stourbridge CC	3:57:47
1909	RH Etherington, Bath CC	5:13:05 *	1958	B Morris, Mid Shrops W	4:21:24	2000	N Peart, On The Edge RT	3:57:33
1910	C Moss, Midland C & AC	5:17:36	1959	RC Booty, Ericsson W	4:18:56	2001	K Murray, Steve Goff Frames	3:53:38
1911	C Moss, Midland C & AC	5:11:52 *	1960	L Logan, Mercury RC	4:15:33 *	2002	G Butler, Preston Whlrs	3:48:52
1912	C Moss, Midland C & AC	5:11:12 *	1961	HD Middleton, East L'pool W	4:13:56 *	2003	G Butler, Preston Whlrs	3:53:48
1913	HH Gayler, Polytechnic CC	5:05:51 *	1962	RC Booty, Ericsson Whlrs	4:18:15	2004	N Gardiner, TimeTrial.co.uk RT	3:51:39
1914	HH Gayler, Polytechnic CC	4:59:08 *	1963	R Spencer, Warrington RC	4:30:10	2005	M Cox, V C St Raphael	3:54:13
1919	MG Selbach, Unity CC	5:15:39	1964	HD Middleton, Kirby CC	4:20:57	2006	N Gardiner, John's Bikes	3:54:31
1920	WH Genders, Midland C & AC	5:09:50	1965	R Spencer, Warrington RC	4:16:18	2007	No Event	
1921	JW Rossiter, Century RC	5:06:28	1966	MW Potts, Derby Wheelers	4:11:47 *	2008	A Bason, Wrekinsport CC	3:44:13 *
1922	WT Burkhill, Midland C & AC	5:05:13	1967	DF Short, L'pool Eagle RC	4:13:52	2009	A Wilkinson, P Sunlight Whlrs	3:42:00 *
1923	A Wilson, Hull Thursday CC	5:11:47	1968	A Boden, Oldbury & D't CC	4:10:49 *	2010	A Bason, Team Pedal Rev.co.uk	3:44:12
1924	A Wilson, Yorkshire RC	5:03:04	1969	D A Stalker, Feltham RC	4:21:20	2011	A Bason, Team Pedal Rev.co.uk	3:41:07 *
1925	A Wilson, Yorkshire RC	4:55:31 *	1970	R Spencer, Warrington RC	4:20:14	2012	R Handley, Rapha Condor Sharp	3:46:08
1926	FW Southall, Norwood Paragn	4:55:10 *	1971	A Creaser, Hull Thursday RC	4:08:39 *	2013	J Tanner, Strategic Lions	3:45:45
1927	FW Southall, Norwood Paragn	4:47:21 *	1972	K Apter, L'pool Mercy RC	4:16:18	2014	N Haigh, Strategic Lions	3:47:19
1928	FW Southall, Norwood Paragn	4:56:26	1973	MW Potts, LongEaton Paragon RC	4:11:59	2015	S Irwin, North Lancs RC	3:46:02
1929	A West, Bath RC	4:51:18	1974	DJ Allen, B'head NECC	4:04:49 *	2016	R Perry, Langdale Lightweights RT	3:33:20 *
1930	GB Orrell, Anfield BC	4:56:34	1975	DJ Allen, B'head NE CC	4:12:03	2017	A Dugglesby, Vive Le Velo	3:31:08 *
			1976	F Lyon, Kirkby CC	4:06:17	2018	M Turnbull, TORQ Performance	3:41:58
			1977	A Roberts, Chester RC	4:14:18	2019	R Bideau, Pendle Forest CC	3:39:44
			1978	N Powell, Gannet CC	4:15:41			



Amazing Anfielders An Illustrated History of the Anfield Bicycle Club

by David Birchall
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